

PERSONAL JESUS



MORNING + EVENING  
DEVOTIONAL



# PERSONAL JESUS

Thank you for diving deeper in your relationship with God through this Personal Jesus six-week devotional. In the Scripture, God promises that he will be found by all those who diligently seek him (Matt. 7:7, Heb. 11:6, Jer. 29:13). As you set aside time to seek God through this devotional, you can be sure of one thing—God will powerfully respond and reveal himself to you in new ways.

Throughout the Bible, we learn that God does not just want you to know about him. He wants you to actually know him—in a dynamic, personal, and intimate way. To know God is the greatest adventure in life! I am praying with you, that this teaching series launches you into a deeper personal relationship with God than you have ever known.

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The daily routine found in this devotional includes spiritual practices focused around scripture and prayer. It was created to strengthen your journey in Christ as you spend the first hour of your day alone with God. If one hour feels impossible, start with 10 minutes, then 20, working your way up to 60 minutes of focused time.

There's also a brief evening meditation that will help you focus your heart and mind on Jesus as you end your day. Here's a brief description which will help you get the most out of this book.

# MORNING

**SILENCE.** Silence is the renewing practice of quieting your soul in order to give God your undivided attention. It provides freedom from speaking as well as listening to words or music. Silence is a way we can make ourselves available for the work of soul transformation that only God can accomplish. If you are new to this practice, this devotional will help you set reasonable goals. Use your phone timer. Don't get discouraged. The fruit found in quieting the chaos and noise of life is worth developing this practice.

**BIBLE READING AND REFLECTION.** The daily scripture reading in the devotional is organized by the **SOW** method. The suggested time for Bible reading is 40 minutes.

## **SYSTEMATIC READING**

This practice will allow you to systematically read through the Gospel of John over the next six weeks. Each week, on Monday, Wednesday, and Friday you will read specific chapters from John. There are questions to use for reflection and journaling each day.

## **ONE TOPIC STUDY**

The second practice guides you through a specific topic. Each week has one topic, and on Tuesday and Thursday you will be immersing yourself in verses about that topic. The goal is to begin to deepen an understanding of God's truth surrounding that theme. As revelation begins to unfold in your heart, you will find your life being transformed by truth. This practice also allows for slow reading with reflection and journaling.

## **WAITING AND REPEATING**

This third practice will appear on Saturday and Sunday. This involves reading a verse or brief passage then discovering the portion that shimmers or stands out to you. You'll take the time to "walk around it," memorize it, pray it and worship God for the truth contained in it. Like the other two practices, you must invite the Holy Spirit to be your teacher and guide. Then expect the eternal and imperishable Word of God to change you from the inside out. This section also provides an opportunity for you to linger and wait on the Lord and respond in your own unique fashion.

**PRAYER.** The prayer section of this devotional is organized using the **DIG** method. The suggested time for this section is 20 minutes each day.

## **DEMONSTRATE YOUR LOVE**

Scripture tells us to approach God with thanksgiving and praise. Demonstrating your love for God is one of the best ways to recalibrate your heart toward him. Begin your prayer time by expressing your love for God through worship.

## **INTERCESSION AND REQUESTS**

After worship, intercede for the needs of life. Jesus taught us to pray, "Your kingdom come, your will be done, on earth as it is in heaven." This is not primarily a passive prayer of submission, but a contending prayer of divine partnership. God partners with his children, asking us to pray his will on the earth. Each day you will find prayer points and Bible verses for your prayer time.

## ***GODLY CONFESSION***

This third portion of your prayer time includes two types of confession. The first is confession of any known sin followed by receiving God's complete forgiveness. Next, the confession of who you are in God. Godly confessions that are crafted from scripture have a profound impact on your spiritual, emotional, and mental health. Confessions speak to the invisible world around you and change the atmosphere. You will be prompted on Day 2, 4, and 6 to write your own. An example is provided for you in Week One.

# ***EVENING***

**EVENING MEDITATION.** Meditating on scripture means slowing down and giving your undivided attention to God. It includes mulling over, chewing on, and ruminating over God's Word and its application. This looks like reading a short passage slowly, repeatedly, and even out loud. Inviting the Holy Spirit to guide you into all truth is crucial to this spiritual discipline. Each evening you will be meditating on the words of Jesus from one of the Gospels.

**EXAMEN.** The Prayer of Examen is a classic spiritual practice developed by Ignatius Loyola (1491-1556). It is a prayerful reflection of your day. The goal is simple: increased awareness and attentiveness to the presence of God in your daily life.

The process is not complicated:

- Use the questions provided as a guide to review the events of your day.
- Invite the Holy Spirit to draw your attention to anything you may need to reflect on.
- Be open and responsive to God.
- Let this time strengthen your faith, cleanse your conscience, and fill you with hope.





WEEK ONE | DAY ONE

# MORNING

**SILENCE:** Begin today with 1 minute of silence.

**BIBLE READING:** John 1

**REFLECTION:** What portion of this chapter is standing out? Journal what you sense God showing you.

**PRAYER:** Demonstrate your love for God with expressive worship.

*Today's prayer focus:*

- Pray that the name of Jesus would be exalted in the world (Matthew 6:9).
- Pray for your family and your own needs (Matthew 6:9-13).

# EVENING

**SILENCE:** Begin this meditation with 1 minute of silence.

**BIBLE READING:** Matthew 5:1-3

**DAILY EXAMEN:** If you are new to this practice, revisit the purpose for the Daily Examen in the introduction. When did I love well today? When did I not love well today?

**CLOSING PRAYER:** Father, thank you for the times your love worked through me today. Forgive me for when I did not love well. Holy Spirit, fill my heart with the love of God.





# MORNING

**SILENCE:** Begin today with 1 minute of silence.

**TOPICAL BIBLE READING:** Today's topic is forgiveness. There are multiple websites you can use to search out verses on a particular topic. Start by using biblegateway.com or blueletterbible.com. For today, focus on a few verses about how God has *forgiven you* in Christ.

**REFLECTION:** Read and reread the verses slowly. What is the Holy Spirit showing you? How can you apply this truth today?

**PRAYER:** Spend time singing a worship song to the Lord from your heart.

*Today's prayer focus:*

- Pray for unity in the Church (Ephesians 4:1-3).
- Pray for your family and your own needs (Philippians 4:19-20).
- Godly Confession: Taken from 1 John 1:9- *I am fully cleansed and forgiven from sin because of Jesus.*

# EVENING

**SILENCE:** Begin this meditation with 1 minute of silence.

**BIBLE READING:** Matthew 5:3-4

**DAILY EXAMEN:** Today, when did I live with a thankful heart? Were there times I neglected thankfulness?

**CLOSING PRAYER:** *Father, help me live full of gratitude for your many blessings.*

# MORNING

**SILENCE:** Begin today with 1 minute of silence.

**BIBLE READING:** John 2 & 3

**REFLECTION:** What story in this chapter do you feel particularly drawn to? Take some time to reread that portion. Journal what you sense God is showing you.

**PRAYER:** Spend time in worship thanking God for his goodness.

*Today's prayer focus:*

- Pray that God would extend his kingdom in your neighborhood (Matthew 6:10).
- Pray for your friends and your own needs (Jeremiah 29:12).

# EVENING

**SILENCE:** Begin this meditation with 1 minute of silence.

**BIBLE READING:** Matthew 5:5-6

**DAILY EXAMEN:** When did my words bring life to others? How will I use my words tomorrow to bless others?

**CLOSING PRAYER:** *Lord, fill my heart and mouth with your words of love for those around me.*

# MORNING

**SILENCE:** Begin today with 1 minute of silence.

**TOPICAL BIBLE READING:** For today, focus on a few verses about God's desire for you to *forgive others*. Use those Bible websites mentioned on Day 2.

**REFLECTION:** Spend time slowly reading. What is your initial reaction to this truth? How will you live this out today?

**PRAYER:** Thank God for the new life you have in Christ.

*Today's prayer focus:*

- Pray that God would be glorified in all things and that the name of Christ is exalted (2 Thessalonians 1:11-12).
- Pray for your co-workers and your own needs (James 5:16).
- Godly Confession: Taken from Ephesians 4:32- *I can fully forgive others because the Lord has forgiven me.*

# EVENING

**SILENCE:** Begin this meditation with 1 minute of silence.

**BIBLE READING:** Matthew 5:7-8

**DAILY EXAMEN:** When did I live aware of God's nearness? When did I live unaware?

**CLOSING PRAYER:** *Father, you've promised to never leave me nor forsake me. Help me be aware of your constant presence.*

# MORNING

**SILENCE:** Begin today with 1 minute of silence.

**BIBLE READING:** John 4

**REFLECTION:** What passage is your heart being drawn to? How is God revealing more of himself to you through those verses?

**PRAYER:** Approach God with a worshipping and grateful heart.

*Today's prayer focus:*

- Pray for your state's governor and your city's mayor (1 Timothy 2:1-2).
- Pray for your neighbors and your own needs (2 Corinthians 5:17).

# EVENING

**SILENCE:** Begin this meditation with 1 minute of silence.

**BIBLE READING:** Matthew 5:9-10

**DAILY EXAMEN:** What was the most life-giving part of my day? What was the most draining part of my day?

**CLOSING PRAYER:** *Father, I release all cares from today, and I receive refreshing by your Spirit.*

# MORNING

**SILENCE:** Begin today with 1 minute of silence.

**BIBLE READING:** Romans 5:15-17

**REFLECTION:** As you linger on these verses, stay and wait for the Holy Spirit to speak. Read and reread slowly, both silently and aloud. Receive revelation from the eternal and imperishable Word of God. Respond as God leads you.

**PRAYER:** Play one or two of your favorite worship songs to help you express your love for God.

*Today's prayer focus:*

- Pray for those you know who are far from God (Romans 10:9-10).
- Pray for your family and your own needs (Ephesians 3:20-21).
- Godly Confession: Taken from Romans 5:17- *I reign in life because of God's abundant grace and righteousness.*

# EVENING

**SILENCE:** Begin this meditation with 1 minute of silence.

**BIBLE READING:** Matthew 5:11-12

**DAILY EXAMEN:** Today when did I display the fruit of the Spirit? Was there a moment when I could have but didn't?

**CLOSING PRAYER:** *Jesus, I am grateful for how much you have changed my life. I open my heart to more of you. Let my life bear fruit for you everyday.*

# MORNING

**SILENCE:** Begin today with 1 minute of silence.

**BIBLE READING:** Galatians 4:1-7

**REFLECTION:** Take time and walk around this passage. Invite the Holy Spirit to be your teacher and guide. Choose 1-2 verses to commit to memory. Worship God for the truth you've found in Scripture.

**PRAYER:** Thank God for all the blessings he has provided for you.

*Today's prayer focus:*

- Pray for those you know who are far from God (Acts 16:30-31).
- Pray for your friends and your own needs (Colossians 1:9-10).

# EVENING

**SILENCE:** Begin this meditation with 1 minute of silence.

**BIBLE READING:** Matthew 5:13-16

**DAILY EXAMEN:** When did I sense God's promptings today? How did I respond?

**CLOSING PRAYER:** *Father, I receive a fresh filling of your Spirit.*



# EVENING

**BIBLE READING:** John 5

**PRAYER:** Demonstrate your love for God with expressive worship.

- Pray that God would exalt his name in the world (Psalm 22:27-28).
- Pray for your family and your own needs (1 Thessalonians 5:23-24).

**BIBLE READING:** Mark 1:15

**CLOSING PRAYER:** *Father, thank you for your great love for me. Let that love saturate my soul and flow out to others.*

# MORNING

**SILENCE:** Begin today with 2 minutes of silence.

**TOPICAL BIBLE READING:** Today's topic is peace. Use biblegateway.com or blueletterbible.com to find a few verses about peace.

**REFLECTION:** Read and reread the verses slowly. Where do you sense God's peace in your life? Where would you like him to pour out more?

**PRAYER:** Spend time singing a worship song to the Lord from your heart.  
Today's prayer focus:

- Pray for signs and wonders to manifest his glory (Acts 4 : 2 9 - 30).
- Pray for your friends and your own needs (2 Timothy 1:7).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today. If you need any help, revisit the examples given on Day 2, 4, and 6 in Week One. When you're finished, speak this confession over your life. Receive its truth deep in your heart by faith.

# EVENING

**SILENCE:** Begin this meditation with 2 minutes of silence.

**BIBLE READING:** Mark 1:40-41 NLT

**DAILY EXAMEN:** Today when did I live with a thankful heart? Were there times I neglected thankfulness?

**CLOSING PRAYER:** *Father, tonight I remember all your blessings. May I live with a heart full of gratitude towards you.*

# MORNING

**SILENCE:** Begin today with 2 minutes of silence.

**BIBLE READING:** John 6

**REFLECTION:** What part of this chapter seems to be shimmering or standing out for you? Describe this in your journal.

**PRAYER:** Spend time thanking God for his goodness.  
Today's prayer focus:

- Pray that your neighbors would come to know Christ (John 5:24).
- Pray for your co-workers and your own needs (Matthew 7:7).

# EVENING

**SILENCE:** Begin this meditation with 2 minutes of silence.

**BIBLE READING:** Mark 2:17 NIV

**DAILY EXAMEN:** When did my words bring life to others? How will I use my words tomorrow to bless others?

**CLOSING PRAYER:** *Lord, fill my heart and mouth with your words of love for those around me.*

# MORNING

**SILENCE:** Begin today with 2 minutes of silence.

**TOPICAL BIBLE READING:** Today's topic is the peace of God found in Jesus. Use the Bible websites mentioned on Day 2 to find a few verses.

**REFLECTION:** Spend time slowly reading. What is your initial reaction to this truth? How would your life be different if you fully received God's peace?

**PRAYER:** Express your gratefulness to God for his grace and mercy in your life.

*Today's prayer focus:*

- Pray that God's Spirit and power would fill the church (Ephesians 3:16-19).
- Pray for your neighbors and your own needs (1 John 5:15).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today. Speak that verse over your own soul.

# EVENING

**SILENCE:** Begin this meditation with 2 minutes of silence.

**BIBLE READING:** Mark 4:39

**DAILY EXAMEN:** When did I live aware of God's nearness? When did I live unaware?

**CLOSING PRAYER:** *Father, forgive me for the moments I've forgotten your closeness. Please increase my awareness of your faithful presence in my life.*

# MORNING

**SILENCE:** Begin today with 2 minutes of silence.

**BIBLE READING:** John 7

**REFLECTION:** What verses in this chapter is God drawing your attention to? As you reflect upon those verses, what do you believe you need to do in response to them?

**PRAYER:** Approach God with a worshipping and grateful heart.

*Today's prayer focus:*

- Pray for our nation's president (Proverbs 21:1).
- Pray for your family and your own needs (Philippians 1:9-11).

# EVENING

**SILENCE:** Begin this meditation with 2 minutes of silence.

**BIBLE READING:** Mark 9:35

**DAILY EXAMEN:** What was the most life-giving part of my day? What was the most draining part of my day?

**CLOSING PRAYER:** *Jesus, you are the center of my life. I fully give every detail to you and trust in your goodness.*



# MORNING

**SILENCE:** Begin today with 2 minutes of silence.

**BIBLE READING:** Romans 8:26-30

**REFLECTION:** As you linger on these verses, stay and wait for the Holy Spirit to speak. Read and reread slowly, both silently and aloud. Receive revelation from the eternal and imperishable Word of God. Respond as God leads you.

**PRAYER:** Play one or two of your favorite worship songs to help you express your love for God.

*Today's prayer focus:*

- Pray for those two close friends who are far from God (Matthew 19:25-26).
- Pray for your co-workers and your own needs (1 Peter 3:8).
- Godly Confession: Take a few moments and craft a godly confession from today's Bible reading.

# EVENING

**SILENCE:** Begin this meditation with 2 minutes of silence.

**BIBLE READING:** Mark 9:23 NLT

**DAILY EXAMEN:** Today when did I display the fruit of the Spirit? Was there a moment when I could have but didn't?

**CLOSING PRAYER:** *Father, I end this day grateful for the changes I see you've done in my life. I trust you to complete what you've begun in me.*

# MORNING

**SILENCE:** Begin today with 2 minutes of silence.

**BIBLE READING:** Ephesians 4:14-21

**REFLECTION:** Take time and walk around this passage. Invite the Holy Spirit to be your teacher and guide. Begin to commit these verses to memory. Worship God for the truth you've found in scripture.

**PRAYER:** Thank God for all the blessings he has provided for you.

*Today's prayer focus:*

- Pray for two neighbors you know who are far from God (Acts 4:12).
- Pray for your family and your own needs (Colossians 1:9-10).

# EVENING

**SILENCE:** Begin this meditation with 2 minutes of silence.

**BIBLE READING:** Mark 8:34

**DAILY EXAMEN:** When did I sense God's promptings today? How did I respond?

**CLOSING PRAYER:** *Father, forgive me for the times I ignored your promptings. I set my heart to hear and obey your voice.*

# MORNING

**SILENCE:** Begin today with 3 minutes of silence.

**BIBLE READING:** John 8

**REFLECTION:** Is there an interaction between Jesus and someone that you can personally relate to? Why is that? How do you sense God desiring you to respond to truth found in this scripture?

**PRAYER:** Demonstrate your love for God with expressive worship.

*Today's prayer focus:*

- Pray that God would glorify his name in the world (Psalm 47:7-8).
- Pray for your family and your own needs (Romans 12:1-2).

# EVENING

**SILENCE:** Begin this meditation with 3 minutes of silence.

**BIBLE READING:** Luke 6:27-28

**DAILY EXAMEN:** When did I love well today? When did I not love well today?

**CLOSING PRAYER:** Jesus, let my life be an expression of your love to others.

# WEEK THREE

THEREFORE JESUS SAID AGAIN, VERY TRULY I TELL YOU, I AM THE GATE FOR THE SHEEP. ALL WHO HAVE COME BEFORE ME ARE THIEVES AND ROBBERS, BUT THE SHEEP HAVE NOT LISTENED TO THEM. I AM THE GATE. WHOEVER ENTERS THROUGH ME WILL BE SAVED. [A] THEY WILL COME IN AND GO OUT, FIND PASTURE. THE THIEF COMES ONLY TO STEAL AND KILL AND DESTROY. I HAVE COME THAT THEY MAY HAVE LIFE, AND HAVE IT TO THE FULL.



# MORNING

**SILENCE:** Begin today with 3 minutes of silence.

**TOPICAL BIBLE READING:** The topic for today is joy. Search for 2-4 verses that you can meditate on.

**REFLECTION:** Read and reread the verses slowly. How would you like to respond to these truths about joy? What areas of your life would like God to fill you with more of his joy?

**PRAYER:** Spend time singing a worship song to the Lord from your heart.

*Today's prayer focus:*

- Pray for your campus pastor to speak the Word boldly (Ephesians 6:19).
- Pray for your friends and your own needs (Ephesians 1:16-19).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today.

# EVENING

**SILENCE:** Begin this meditation with 3 minutes of silence.

**BIBLE READING:** Luke 7:47 NIV

**DAILY EXAMEN:** Today when did I live with a thankful heart? Were there times I neglected thankfulness?

**CLOSING PRAYER:** *Father, I confess that sometimes I let the demands and busyness of life rob me of gratitude. Help me live with a heart full of thankfulness towards you.*

# MORNING

**SILENCE:** Begin today with 3 minutes of silence.

**BIBLE READING:** John 9

**REFLECTION:** What is God saying to you personally through this? Write out how you will respond to his voice this week.

**PRAYER:** Spend time thanking God for his goodness.

*Today's prayer focus*

- Pray that your neighbors would come to know Christ (John 14:6).
- Pray for your co-workers and your own needs (James 1:22-25).

# EVENING

**SILENCE:** Begin this meditation with 3 minutes of silence.

**BIBLE READING:** Luke 6:43-45

**DAILY EXAMEN:** When did my words bring life to others? How will I use my words tomorrow to bless others?

**CLOSING PRAYER:** *Father, may my words reflect a heart completely surrendered to you.*



# MORNING

**SILENCE:** Begin today with 3 minutes of silence.

**TOPICAL BIBLE READING:** For today focus on the joy found in your relationship with Jesus. Use the Bible websites mentioned to find a few verses.

**REFLECTION:** Spend time slowly reading. What is your initial reaction to this truth? How would your life be different if you lived in supernatural joy?

**PRAYER:** Thank God for his continual faithfulness over your life.

Today's prayer focus:

- Pray that God's church would display his love (John 13:35).
- Pray for your neighbors and your own needs (Joshua 1:6-9).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today.

# EVENING

**SILENCE:** Begin this meditation with 3 minutes of silence.

**BIBLE READING:** Luke 10:21-22

**DAILY EXAMEN:** When did I live aware of God's nearness? When did I live unaware?

**CLOSING PRAYER:** *Father, as I look to tomorrow, may I live fully aware of your Holy Spirit dwelling within me.*

# MORNING

**SILENCE:** Begin today with 3 minutes of silence.

**BIBLE READING:** John 10 & 11

**REFLECTION:** What specific passage or verse is God leading you to from these chapters? Make a note of that in your journal. Write out key words or phrases that are shimmering for you.

**PRAYER:** Approach God with a worshipping and grateful heart.

Today's prayer focus:

- Pray for your state's elected officials (Psalm 2:10-12).
- Pray for your family and your own needs (Philippians 2:5-8).

# EVENING

**SILENCE:** Begin this meditation with 3 minutes of silence.

**BIBLE READING:** Luke 4:18-19

**DAILY EXAMEN:** What was the most life-giving part of my day? What was the most draining part of my day?

**CLOSING PRAYER:** *Father, may my life be lived fully surrendered to you. Fill me with the grace and peace needed for every day.*

# MORNING

**SILENCE:** Begin today with 3 minutes of silence.

**BIBLE READING:** Ephesians 2:4-6

**REFLECTION:** As you linger on these verses, expect the Holy Spirit to speak. Read and reread slowly, both silently and aloud. Receive revelation from the Word of God. Respond as God leads you.

**PRAYER:** Play one or two of your favorite worship songs to help you express your love for God.

*Today's prayer focus:*

- Pray for two close friends who are far from God (Titus 3:5).
- Pray for your friends and your own needs (1 John 4:7).
- Godly Confession: Take a few moments and craft a godly confession from today's Bible reading.

# EVENING

**SILENCE:** Begin this meditation with 3 minutes of silence.

**BIBLE READING:** Luke 5:31-32

**DAILY EXAMEN:** Today when did I display the fruit of the Spirit? Was there a moment when I could have but didn't?

**CLOSING PRAYER:** *Father, I receive forgiveness for the times today that I reacted in my flesh. Let the fruit of your Spirit be easily seen in me.*

# MORNING

**SILENCE:** Begin today with 3 minutes of silence.

**BIBLE READING:** Hebrews 12:1-11

**REFLECTION:** Take time and walk around this passage. Invite the Holy Spirit to be your teacher and guide. Begin to commit one or two of these verses to memory. Worship God for the truth you've found in Scripture.

**PRAYER:** Thank God for all the blessings he has provided for you.

*Today's prayer focus:*

- Pray for two neighbors you know who are far from God (John 3:16-17).
- Pray for your family and your own needs (Philippians 4:6-7).

# EVENING

**SILENCE:** Begin this meditation with 3 minutes of silence.

**BIBLE READING:** Luke 9:23-25

**DAILY EXAMEN:** When did I sense God's promptings today? How did I respond?

**CLOSING PRAYER:** *Father, your desire is that I would be led by your Spirit. Open my ears to hear clearly. Give me a heart of obedience.*



# MORNING

**SILENCE:** Begin today with 4 minutes of silence.

**BIBLE READING:** John 12

**REFLECTION:** What stands out to you in this chapter? After rereading slowly, where do you see God revealing more of his heart to you? Journal what you are discovering.

**PRAYER:** Demonstrate your love for God with expressive worship.

Today's prayer focus:

- Pray that nations exalt Jesus (Daniel 2:20-22).
- Pray for your family and your own needs (Matthew 6:6).

# EVENING

**SILENCE:** Begin this meditation with 4 minutes of silence.

**BIBLE READING:** Matthew 5:43-45

**DAILY EXAMEN:** When did I love well today? When did I not love well today?

**CLOSING PRAYER:** Father, I believe the Holy Spirit has poured your love into my heart. I give you tomorrow. Let my words and my actions reflect your love.



# MORNING

**SILENCE:** Begin today with 4 minutes of silence.

**TOPICAL BIBLE READING:** Today you will search for several verses about faith. Let the Holy Spirit guide you to 2 or 3 verses for meditation.

**REFLECTION:** Read and reread the verses slowly. What is your initial reaction to these verses? How do you sense God prompting you to respond?

**PRAYER:** Spend time singing a worship song to the Lord from your heart.

*Today's prayer focus:*

- Pray that the church would be filled with faithful givers (Acts 20:35).
- Pray for your friends and your own needs (Mark 11:24).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today.

# EVENING

**SILENCE:** Begin this meditation with 4 minutes of silence.

**BIBLE READING:** Matthew 6:19-21

**DAILY EXAMEN:** When did I live with a thankful heart today? Were there times I neglected thankfulness?

**CLOSING PRAYER:** *Lord, quiet any voices of discontent in my heart. I thank you for your constant faithfulness in every area of my life.*

# MORNING

**SILENCE:** Begin today with 4 minutes of silence.

**BIBLE READING:** John 13

**REFLECTION:** What are you seeing about the heart of God in this chapter?

**PRAYER:** Spend time thanking God for his goodness.

*Today's prayer focus:*

- Pray to God that your neighbors would come to know Christ (Acts 16:30-33).
- Pray for your co-workers and your own needs (Philippians 4:13).

# EVENING

**SILENCE:** Begin this meditation with 4 minutes of silence.

**BIBLE READING:** Matthew 7:12-14

**DAILY EXAMEN:** When did my words bring life to others? How will I use my words tomorrow to bless others?

**CLOSING PRAYER:** *Father, I release every conversation and interaction today into your hands. I put on a heart of love and peace, as I rest in you.*



# MORNING

**SILENCE:** Begin today with 4 minutes of silence.

**TOPICAL BIBLE READING:** The focus of meditation today is faith. Use the Bible websites mentioned to find a few verses.

**REFLECTION:** Spend time slowly reading. Where in your life would like God to fill you with more faith? Receive a spirit of faith from him right now.

**PRAYER:** Thank God that he hears and answers your prayers.

*Today's prayer focus:*

- Pray that God's church would faithfully preach the Gospel (Mark 16:15).
- Pray for your neighbors and your own needs (Matthew 21:22).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today.

# EVENING

**SILENCE:** Begin this meditation with 4 minutes of silence.

**BIBLE READING:** Matthew 11:28-30

**DAILY EXAMEN:** When did I live aware of God's nearness? When did I live unaware?

**CLOSING PRAYER:** *Father, I know that as I draw near to you, you draw near to me. I end this day aware of your presence with me.*

# MORNING

**SILENCE:** Begin today with 4 minutes of silence.

**BIBLE READING:** John 14

**REFLECTION:** As you read this chapter, what is God revealing to you about himself? How does this make you love him more?

**PRAYER:** Approach God with a worshipping and grateful heart.

*Today's prayer focus:*

- Pray that God would heal our land (2 Chronicles 7:14).
- Pray for your family and your own needs (John 14:13).

# EVENING

**SILENCE:** Begin this meditation with 4 minutes of silence.

**BIBLE READING:** Matthew 6:25-26

**DAILY EXAMEN:** What was the most life-giving part of my day? What was the most draining part of my day?

**CLOSING PRAYER:** *Lord, I believe you order my steps. I know that you care for every area of my life. I release every care and rest fully in you.*

# MORNING

**SILENCE:** Begin today with 4 minutes of silence.

**BIBLE READING:** 1 Peter 1:3-9

**REFLECTION:** As you linger on these verses, stay and wait for the Holy Spirit to speak. Read and reread slowly, both silently and aloud. Receive revelation from the eternal and imperishable Word of God. Respond as God leads you.

**PRAYER:** Play one or two of your favorite worship songs to help you express your love for God.

Today's prayer focus:

- Pray for two close friends who are far from God (Hebrews 7:25).
- Pray for your friends and your own needs (James 1:5-6).
- Godly Confession: Take a few moments and craft a godly confession from today's Bible reading.

# EVENING

**SILENCE:** Begin this meditation with 4 minutes of silence.

**BIBLE READING:** Matthew 10:40-42

**DAILY EXAMEN:** When did I display the fruit of the Spirit today? Was there a moment when I could have but didn't?

**CLOSING PRAYER:** *Jesus, transform me that I may look more like you.*

# MORNING

**SILENCE:** Begin today with 4 minutes of silence.

**BIBLE READING:** Isaiah 55:6-13

**REFLECTION:** Take time and walk around this passage. Invite the Holy Spirit to be your teacher and guide. Begin to commit these verses to memory. Worship God for the truth you've found in scripture.

**PRAYER:** Thank God for all the blessings he has provided for you.

*Today's prayer focus:*

- Pray for two neighbors you know who are far from God (John 17:3).
- Pray for your family and your own needs (Luke 11:2-4).

# EVENING

**SILENCE:** Begin this meditation with 4 minutes of silence.

**BIBLE READING:** Matthew 7:24-27

**DAILY EXAMEN:** When did I sense God's promptings today? How did I respond?

**CLOSING PRAYER:** *Lord, thank you for the love, strength, and courage to respond when you speak.*

# MORNING

**SILENCE:** Begin today with 5 minutes of silence.

**BIBLE READING:** John 15

**REFLECTION:** How is God revealing himself to you through the verses? Journal what he is teaching you in this and any practical ways he is showing you to apply his Word.

**PRAYER:** Demonstrate your love for God with expressive worship.

*Today's prayer focus:*

- Pray for a spiritual awakening in New England (Proverbs 14:34).
- Pray for your family and your own needs (1 Corinthians 10:13).

# EVENING

**SILENCE:** Begin this meditation with 5 minutes of silence.

**BIBLE READING:** Mark 10:27

**DAILY EXAMEN:** When did I love well today? When did I not love well today?

**CLOSING PRAYER:** *Father, I know that you still love me, even when I fail to love others well. Fill my heart with your love that I may show this love to those around me.*





# MORNING

**SILENCE:** Begin today with 5 minutes of silence.

**TOPICAL BIBLE READING:** Today you will search for several verses about the Holy Spirit. Trust God to guide you. Let the truth of his Word sink deep.

**REFLECTION:** Read and reread the verses slowly. What is your initial reaction to these verses? How do you sense God prompting you to respond?

**PRAYER:** Spend time singing a worship song to the Lord from your heart.

*Today's prayer focus:*

- Pray that church leaders would remain faithful and strong (Galatians 6:9).
- Pray for your friends and your own needs (Luke 17:5).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today.

# EVENING

**SILENCE:** Begin this meditation with 5 minutes of silence.

**BIBLE READING:** Mark 10:31

**DAILY EXAMEN:** Today, when did I live with a humble heart? Were there times I neglected humility?

**CLOSING PRAYER:** *Father, I turn from any pride in my heart and I receive your forgiveness. Open my eyes to the truth of your blessings that fill me with life.*

# MORNING

**SILENCE:** Begin today with 5 minutes of silence.

**BIBLE READING:** John 16

**REFLECTION:** What portion of this chapter is standing out to you right now? How can you practically apply this truth today?

**PRAYER:** Spend time thanking God for his goodness.

*Today's prayer focus:*

- Pray for power and protection for the church against the attacks of the enemy (Matthew 16:18).
- Pray for your co-workers and your own needs (Ephesians 4:31-32).

# EVENING

**SILENCE:** Begin this meditation with 5 minutes of silence.

**BIBLE READING:** Mark 11:23

**DAILY EXAMEN:** When did my words bring life to others? How will I use my words tomorrow to bless others?

**CLOSING PRAYER:** *Lord, I know that words flow from the abundance of the heart. Because of Jesus, I have a new heart. Please continue to do your work of transformation within me.*

# MORNING

**SILENCE:** Begin today with 5 minutes of silence.

**TOPICAL BIBLE READING:** Use the Bible websites mentioned to find a few verses on the Holy Spirit.

**REFLECTION:** Spend time slowly reading. Ask the Lord to give you a fresh infilling of the Holy Spirit right now. Receive this by faith.

**PRAYER:** Spend a few moments thanking God for his constant love towards you.

*Today's prayer focus:*

- Pray for genuine unity in God's church (1 Corinthians 1:10).
- Pray for your neighbors and your own needs (Ephesians 1:16-20).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today.

# EVENING

**SILENCE:** Begin this meditation with 5 minutes of silence.

**BIBLE READING:** Mark 12:30

**DAILY EXAMEN:** When did I live aware of God's nearness? When I live unaware?

**CLOSING PRAYER:** *Jesus, make my soul come alive through the awareness of your constant presence.*

# MORNING

**SILENCE:** Begin today with 5 minutes of silence.

**BIBLE READING:** John 17

**REFLECTION:** What truths are standing out in today's reading? Journal everything God is showing you. How will you embrace those truths today?

**PRAYER:** Approach God with a worshipping and grateful heart.

*Today's prayer focus:*

- Pray that God would pour out revival on New England (Isaiah 44:3-5).
- Pray for your family and your own needs (Ephesians 6:10-17).

# EVENING

**SILENCE:** Begin this meditation with 5 minutes of silence.

**BIBLE READING:** Mark 10:51-52

**DAILY EXAMEN:** What was the most life-giving part of my day? What was the most draining part of my day?

**CLOSING PRAYER:** *Jesus, you are the Lord of my life. I place all my trust and all my hope in you.*

# MORNING

**SILENCE:** Begin today with 5 minutes of silence.

**BIBLE READING:** Romans 8:31-39

**REFLECTION:** As you linger on these verses, stay and wait for the Holy Spirit to speak. Read and reread slowly, both silently and aloud. Receive revelation from the eternal and imperishable Word of God. Respond as God leads you.

**PRAYER:** Play one or two of your favorite worship songs to help you express your love for God.

*Today's prayer focus:*

- Pray for two close friends who are far from God (2 Corinthians 4:3-6).
- Pray for your friends and your own needs (Romans 8:28).
- Godly Confession: Take a few moments and craft a godly confession from today's Bible reading.

# EVENING

**SILENCE:** Begin this meditation with 5 minutes of silence.

**BIBLE READING:** Mark 14:36

**DAILY EXAMEN:** When did I display the fruit of the Spirit today? Was there a moment when I could have but didn't?

**CLOSING PRAYER:** *Father, as I abide in you, may my life produce fruit that glorifies you.*

# MORNING

**SILENCE:** Begin today with 5 minutes of silence.

**BIBLE READING:** 1 Peter 2:9-12

**REFLECTION:** Take time and walk around this passage. Invite the Holy Spirit to be your teacher and guide. Begin to commit these verses to memory. Worship God for the truth you've found in Scripture.

**PRAYER:** Thank God for all the blessings he has provided for you.

*Today's prayer focus:*

- Pray for two neighbors you know who are far from God (Ephesians 2:8-9).
- Pray for your family and your own needs (Luke 12:24).

# EVENING

**SILENCE:** Begin this meditation with 5 minutes of silence.

**BIBLE READING:** Mark 16:15

**DAILY EXAMEN:** When did I sense God's promptings today? How did I respond?

**CLOSING PRAYER:** *Father, I turn my heart fully towards you. Continue to increase my ability and willingness to listen to your voice.*



# WEEK SIX

WEEK SIX | DAY ONE

## MORNING

**SILENCE:** Begin today with 6 minutes of silence.

**BIBLE READING:** John 18

**REFLECTION:** As you read this chapter, how is your heart stirred to love Jesus more?

**PRAYER:** Demonstrate your love for God with expressive worship.

*Today's prayer focus:*

- Pray for a global spiritual awakening (Psalm 145:18)
- Pray for your family and your own needs (Psalm 34:8-10).


## EVENING

**SILENCE:** Begin this meditation with 6 minutes of silence.

**BIBLE READING:** Luke 6:27-31

**DAILY EXAMEN:** When did I love well today? When did I not love well today?

**CLOSING PRAYER:** Father, I turn from any times that I did not love well today. I receive your forgiveness. I end my day fully convinced of your unconditional love towards me.



AFTER THIS, JESUS,  
KNOWING THAT ALL WAS  
NOW FINISHED, SAID (TO  
FULFILL THE SCRIPTURE),  
"I THIRST." A JAR FULL OF  
sour wine stood there,  
so they put a sponge  
full of the sour wine  
on a hyssop branch  
and held it to his  
mouth. When Jesus had  
received the sour  
wine, he said, "It is  
finished," and he bowed  
his head and gave up  
his spirit.

# MORNING

**SILENCE:** Begin today with 6 minutes of silence.

**TOPICAL BIBLE READING:** Today's topic is love. Begin by searching out verses that speak of God's love for you. Let this truth permeate your soul.

**REFLECTION:** Read and reread the verses slowly. What is your initial reaction to these verses? How do you sense God prompting you to respond?

**PRAYER:** Spend time singing a worship song to the Lord from your heart.

*Today's prayer focus:*

- Pray for your Vox campus (Colossians 4:24).
- Pray for your friends and your own needs (2 Corinthians 9:6-11).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today.

# EVENING

**SILENCE:** Begin this meditation with 6 minutes of silence.

**BIBLE READING:** Luke 6:20-21

**DAILY EXAMEN:** When did I live with a thankful heart today? Were there times I neglected thankfulness?

**CLOSING PRAYER:** *Jesus, my heart is grateful for the work of the cross that has reconciled me to God. I end my day loving and thanking you with my whole heart.*

# MORNING

**SILENCE:** Begin today with 6 minutes of silence.

**BIBLE READING:** John 19 & 20

**REFLECTION:** There are many interactions between Jesus and others in these two chapters. Which particular one is the Holy Spirit leading you to focus on? Take the time to reread that passage a few more times.

**PRAYER:** Spend time thanking God for his goodness.

*Today's prayer focus:*

- Pray for God to pour out his Spirit on your city (Jeremiah 29:7).
- Pray for your co-workers and your own needs (Romans 8:1-2).

# EVENING

**SILENCE:** Begin this meditation with 6 minutes of silence.

**BIBLE READING:** Luke 6:43-45

**DAILY EXAMEN:** When did my words bring life to others? How will I use my words tomorrow to bless others?

**CLOSING PRAYER:** *Father, teach me to be quick to listen and slow to speak. May the words I speak be pleasing to you, my God.*

# MORNING

**SILENCE:** Begin today with 6 minutes of silence.

**TOPICAL BIBLE READING:** Use the Bible websites mentioned to find a few verses on how we should love one another.

**REFLECTION:** Spend time slowly reading. Ask the Lord to give you a new revelation of his power in you to love others well. Receive this by faith.

**PRAYER:** Spend a few moments thanking God for the new life you have in Christ.

*Today's prayer focus:*

- Pray for a spiritual awakening for the local government in your city (Acts 2:17-21).
- Pray for your neighbors and your own needs (Psalm 57:1-3).
- Godly Confession: Take a few moments and craft a godly confession from one of your topical verses from today.

# EVENING

**SILENCE:** Begin this meditation with 6 minutes of silence.

**BIBLE READING:** Luke 6:47-48

**DAILY EXAMEN:** When did I live aware of God's nearness? When did I live unaware?

**CLOSING PRAYER:** *Father, remind me that your nearness is my good. You are my portion, my refuge, and my rock. I believe this with my whole heart.*

# MORNING

**SILENCE:** Begin today with 6 minutes of silence.

**BIBLE READING:** John 21

**REFLECTION:** How does Jesus interact with others in this chapter? How will this truth impact your walk with him today?

**PRAYER:** Approach God with a worshipping and grateful heart.

*Today's prayer focus:*

- Pray that many in your neighborhood would come to know Christ (John 6:44).
- Pray for your family and your own needs (Psalm 27:1).

# EVENING

**SILENCE:** Begin this meditation with 6 minutes of silence.

**BIBLE READING:** Luke 8:16-18

**DAILY EXAMEN:** What was the most life-giving part of my day? What was the most draining part of my day?

**CLOSING PRAYER:** *Lord, I am grateful for the life you have given me. Grant me the wisdom needed to walk in a manner pleasing to you.*



# MORNING

**SILENCE:** Begin today with 6 minutes of silence.

**BIBLE READING:** Ezekiel 36:26-28

**REFLECTION:** As you linger on these verses, stay and wait for the Holy Spirit to speak. Read and reread slowly, both silently and aloud. Receive revelation from the eternal and imperishable Word of God. Respond as God leads you.

**PRAYER:** Play one or two of your favorite worship songs to help you express your love for God.

*Today's prayer focus:*

- Pray for two close friends who are far from God (Romans 5:8).
- Pray for your friends and your own needs (Hebrews 13:20-21).
- Godly Confession: Take a few moments and craft a godly confession from today's Bible reading.

# EVENING

**SILENCE:** Begin this meditation with 6 minutes of silence.

**BIBLE READING:** Luke 6:32-36

**DAILY EXAMEN:** When did I display the fruit of the Spirit today? Was there a moment when I could have but didn't?

**CLOSING PRAYER:** *Father, as I abide in you, may my life produce fruit that glorifies you.*

# MORNING

**SILENCE:** Begin today with 6 minutes of silence.

**BIBLE READING:** Hebrews 4:14-16

**REFLECTION:** Take time and walk around this passage. Invite the Holy Spirit to be your teacher and guide. Begin to commit these verses to memory. Worship God for the truth you've found in Scripture.

**PRAYER:** Thank God for all the blessings he has provided for you.

*Today's prayer focus:*

- Pray for two neighbors you know who are far from God (1 Timothy 2:4).
- Pray for your family and your own needs (Matthew 6:7-11).

# EVENING

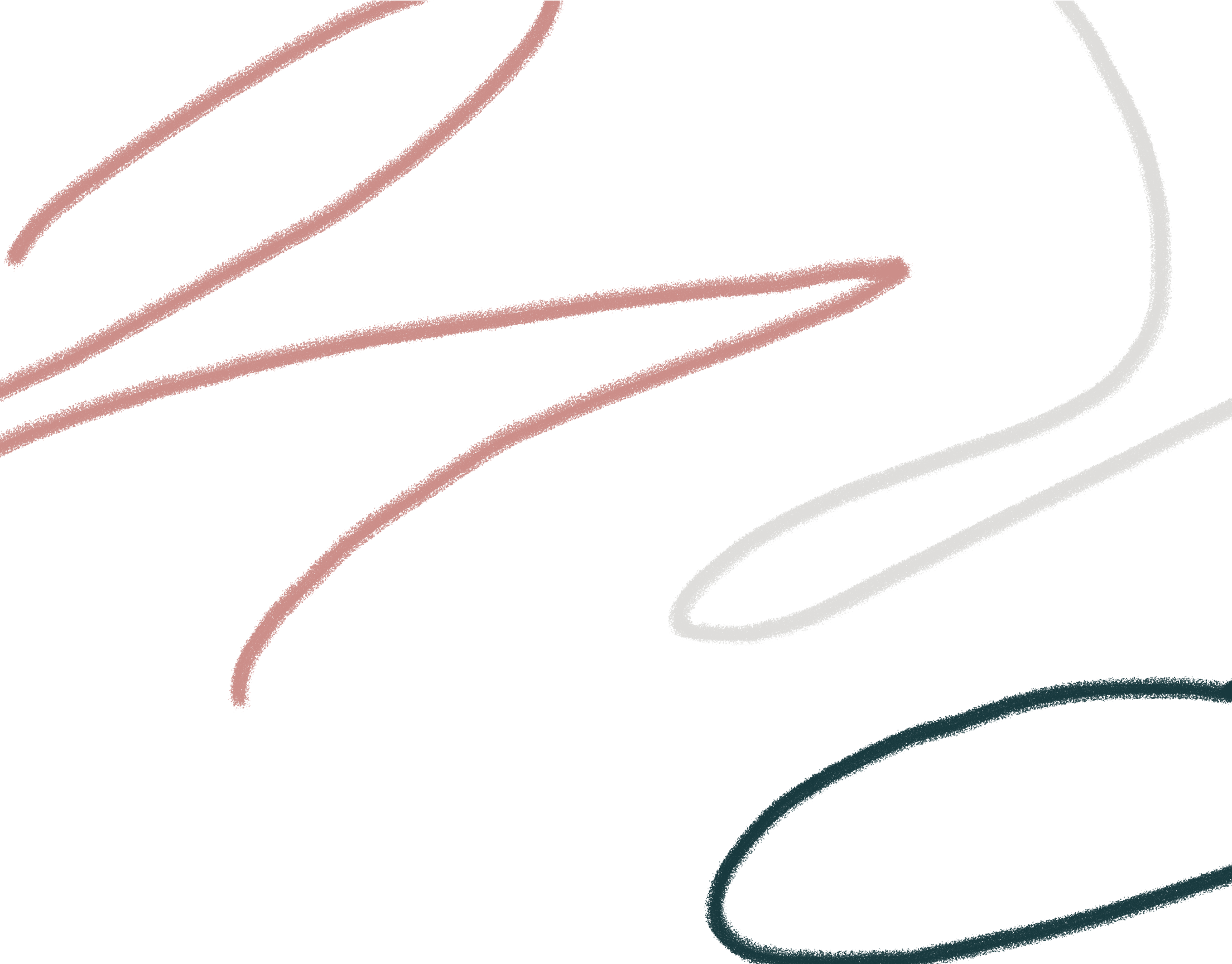
**SILENCE:** Begin this meditation with 6 minutes of silence.

**BIBLE READING:** Luke 9:46-48

**DAILY EXAMEN:** When did I sense God's promptings today? How did I respond?

**CLOSING PRAYER:** *Father, I delight to follow the leading of your Spirit. You are my Good Shepherd, and I know your voice.*





**PERSONAL JESUS**



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